



Ability &
Choice Services, Inc

April 2011 Newsletter

The Month of March brought an exciting new Scrapbook work project to ACS. Individuals have assembled over 5,000 scrapbook kits that people around the country will use to decorate their favorite photos.

Other activities included bowling, lunch, and the movies.

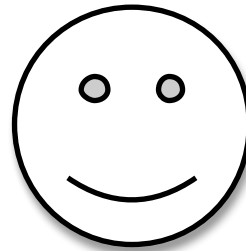
During the month of April, we will continue with our scrapbook job and look forward to our semi-annual visit to Wendover. The cost for the Wendover trip is \$15. Each person attending will receive \$5 to spend and a free lunch at the Casino buffet.

Remember: No job is too big or small for our group of hard working individuals. Give us a call if you have a project in mind! We excel at assembly, packaging, and many other tasks.

In an effort to promote a healthier lifestyle, we are excited to announce the new "gym" at Ability and Choice Services, Inc. (ACS). After a valley-wide search, we have accumulated 6 "Health Riders". These unique exercise machines use a person's weight to offer resistance as they work off some energy in a motion that is a lot like rowing a boat. The gym will be located in our new expansion. This expansion is an adjoining suite with an additional 1,000 square feet and will be ready soon. This new area will also offer some additional classrooms for our clubs and classes to meet in.

This month we want to focus on a group at ACS called Accomplish. The Team Leader for Accomplish is Natassja Keys. Natassja brings many years of experience to help people in this group be successful in work, life, and social skills. Each individual in the group has a staff member assigned as an Advocate to help them reach and document their daily goals and strategies.

Most of the actual contract work that ACS does is done by the people in Accomplish. However, Accomplish is not all work and no play! Accomplish has several clubs and classes. The Scrapbooking Club and the Cooking Class are very popular. Recently the Craft Club created colorful yarn globes that are currently hanging around the center. These globes are created by wrapping yarn around a balloon (harder than it sounds), and then gluing the yarn to the balloon with Elmer's Glue. Once the glue dries, the balloon is popped and removed leaving a very cool globe.



Success Story

As many of you know, we have three different groups at ACS. We attempt to place people in the group that is most appropriate for the individual's needs. Movement from one group to another happens on a regular basis, but movement from group to another, and then another, is more rare. It is a little like moving from Elementary to Jr. High, then Sr. High and then even earning a paycheck! One of the individuals here at ACS has done exactly this! Our congratulations go out to this individual for her hard work, as well as the staff that have supported her in this accomplishment.